

Dr. Mila Sprouse EdD, MSN, RN, CCRN-K, NE-BC

Dr. Mila Sprouse is the Vice President of Patient Care Services at Baylor St. Luke's Medical Center, The Texas Heart Institute in Houston, Texas, an 881-bed academic center and the first ANCC Magnet Accredited hospital in Texas. Her span of responsibility includes one of the largest critical care service lines in the country, respiratory department, wound care, exercise physiologist, diabetes care, and the rapid response department. Her fearless innovation and leadership acumen has resulted in many firsts in hospitals where she has worked, an immeasurable track record of excellence.



Dr. Sprouse has delivered multiple podium presentations related to cardiovascular, critical care, hemodynamics, assist devices, CCRN, and PCCN reviews, health equity and has presented motivational speeches locally, across the country and in international venues.

Additionally, Dr. Sprouse is a multi-award recipient in leadership, patient safety, quality, innovation, and excellence in nursing, and continues to elevate the nursing profession with great passion, joy, and energy to the people around her, inspiring everyone to always be unstoppable. She was also a recipient of the Houston Chronicle Top 150 nurses, a three-time Good Samaritan Nursing Excellence awardee and the most outstanding alumni award from her school and multiple quality, safety, and innovation awards. AACN has recently announced the Circle of Excellence to the Top 25 critical care nurses and leaders for 2023, a prestigious recognition that will be celebrated in the AACN National Teaching Institute Conference in May 2023. Dr. Mila Sprouse is one of the 25 awardees.

Mila is the current president of the Philippine Nurses Association North Houston and a member of the Philippine Nurses Association of America Executive Board. She was the past president of the American Association of Critical-Care Nurses (AACN) - North Harris Montgomery County Chapter, a national AACN ambassador, a Beacon for Excellence reviewer, an AACN abstract research and grant reviewer and was a chapter advisor for Texas and Oklahoma.